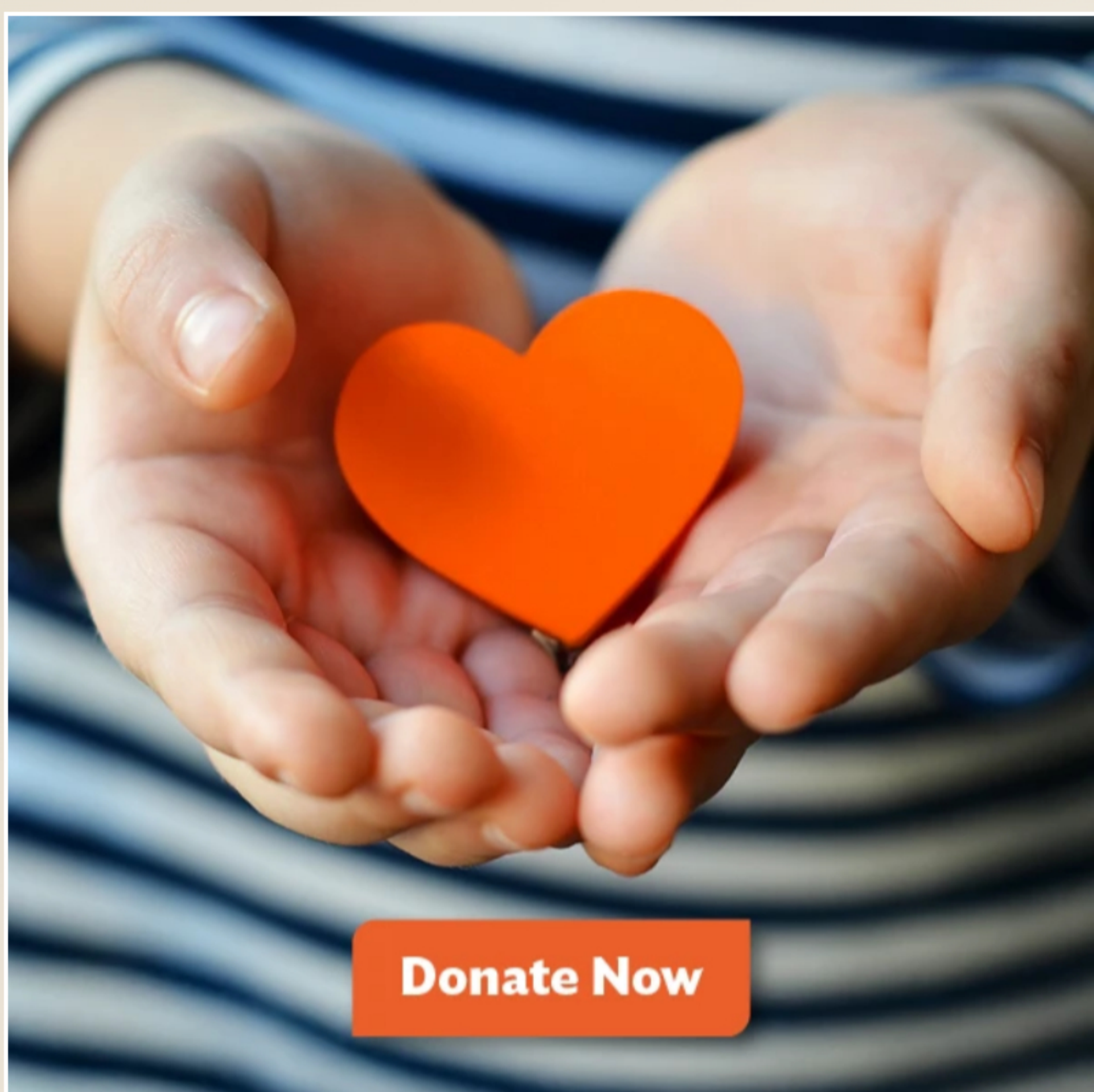


# Working to ensure that mental wellbeing is a reality for everyone.

[Our Vision & Values](#)



[Donate Now](#)

## Stand Up for Mental Health

Strong communities start with mental wellbeing. Your donation brings mental health solutions where they're needed most.

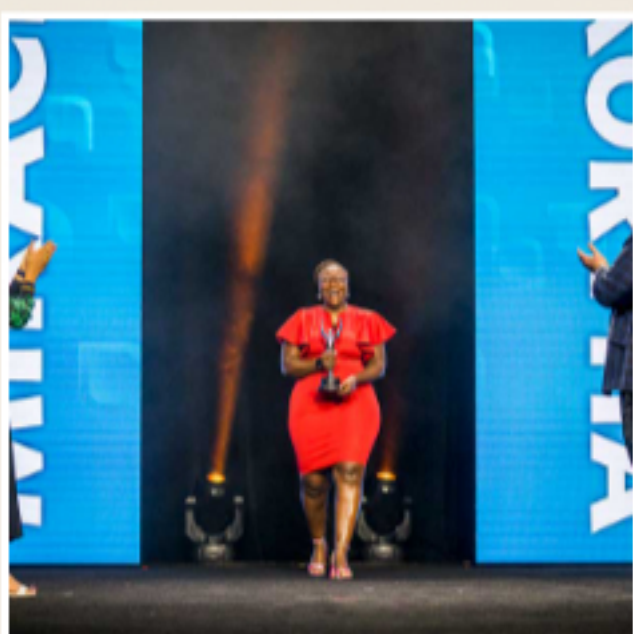
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## How You Can Get Involved

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100%

National Council advocacy has reached 100% of the US Congress in the past 12 months.

[Add Your Voice →](#)



4 Million+

We have trained over 4 million people across the country to support their peers, colleagues and loved ones with Mental Health First Aid.

[Take the Course →](#)



3,200

We have more than 3,200 member organizations and are growing. Our efforts serve to amplify yours.

[Learn About Membership →](#)

## How You Can Support Mental Wellbeing

Help us connect more people to the mental health and substance use treatment they expect and deserve.

[Donate Today](#)



### Our Consultants Are Here for You

The National Council for Mental Wellbeing Consulting Team is your partner in change, committed to supporting excellence across the field.

[View Our Consulting Offerings →](#)

## Explore Our Work

Discover all we do to support mental health and substance use recovery services.

[Our Work](#)



### Mental Health First Aid

This course teaches you how to identify, understand and respond to signs of mental health and substance use challenges.

[Learn How to #BeTheDifference →](#)



#### Public Policy

We advocate for federal and state funding, new and innovative care delivery and payment models, and a strong mental health and substance use treatment workforce.

[Read more →](#)



#### Membership

Our members offer supports to millions of adults, children and families living with mental health and substance use challenges.

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#### News & Events

Follow our work in the news, virtual and in-person events, and visit our blog to gain insight into the state of the field, new treatment trends and opportunities for organizational excellence.

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## Find Our Members in Your Area

Find Our Members in Your Area

Alabama

Go